

Berkeley Parents Network

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This web site contains thousands of pages of recommendations and advice contributed by members of the Berkeley Parents Network, a parent-to-parent email network for the community of parents in the San Francisco Bay Area. Founded in 1993, the BPN is run by a group of volunteer parents in their "spare" time. We send out 10 email [newsletters](#) each week to 32,972 local parents. Many busy parents have taken the time to enlighten and inform us all with their suggestions, their wisdom, and their experience, archived here for all who need it. Please help yourself and use it in the spirit of sharing!

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